

## SICK POLICY

**If your child experiences a fever (temperature 100 degrees or above) and/or any of the following symptoms, they must remain home from school until symptoms have resolved for 24 hours without the need for medication:**

- vomiting
- diarrhea
- persistent cough, sore throat or swollen glands
- irritated eyes or rashes
- pain (earache, stomachache, headache or body aches)
- unusually tired, irritable, pale, confused or lack of appetite

**Please notify the teacher if your child will be absent due to illness.**

**IF THERE ARE ANY SYMPTOMS THAT ARE CONCERNING, THE CHILD SHOULD BE SEEN BY THEIR HEALTH CARE PROVIDER TO EVALUATE THE NEED FOR COVID TESTING.**

- After an extended illness, a doctor's note may be requested to confirm your child is ready to return to school and participate in all activities.
- A child who has undergone a medical procedure requiring general anesthesia should stay home for at least 24 hours following anesthesia or until instructed it is safe by their doctor.
- Children with chicken pox are contagious until all blisters are scabbed over, typically in 10-14 days.

## COVID/QUARANTINE POLICY

CDC Guideline: "Quarantine can end after Day 10 without testing and if no symptoms have been reported during daily monitoring."

The full article can be found at the following link:

<https://www.cdc.gov/coronavirus/2019-ncov/more/scientific-brief-options-to-reduce-quarantine.html>

In order to protect the health and welfare of our staff, our children, our families and our community, the following is our policy regarding COVID contact.

- If your child is a **contact**, meaning that they were directly exposed to a positive case of COVID, they are mandated to quarantine.
- If your child is a **contact of a contact**, meaning that they were exposed to someone who was exposed to a positive case of COVID, they are able to attend school unless symptoms present.
- If the contact becomes positive during the timeframe in which the children and staff are impacted, all concerned will be notified.
- **If the child presents with symptoms, a negative COVID test will be required to return to school after quarantine.**

Some parents have asked if children, who have been direct contacts, may return to school if they test negative. The answer is no because, in the case of a **direct contact**, testing does not allow for an early release from quarantine.

### **PREVENTION TIPS TO REINFORCE TO YOUR CHILDREN:**

- Wash your hands with soap and water or use hand sanitizers.
- Wear your mask.
- Avoid touching your eyes, nose and mouth to prevent germs from spreading.
- When possible, avoid contact with sick people.